

# ST. JOSEPH MOST FAITHFUL



## WEEK 1 hope

Also known as the **Prophet's Candle**...This week we light the candle of Hope. St. Joseph, the Silent Servant, reminds us that hope grows in quiet trust. When we listen for God's voice and keep our hearts steady amid uncertainty, we make room for His promises to unfold. Join us in hopeful waiting with peace for the coming of Christ.

## BLESSING OF AN ADVENT WREATH

When the blessing of the Advent Wreath is celebrated in the home, it is appropriate that it be blessed by a parent or another member of the family.



## GOING DEEPER WITH PRAYER

### FAMILY ACTION

- Have family prayer at a shared dinner this week, ending the time with this short prayer *"St. Joseph, Most Faithful, help us to trust in God as you did."*
- Exhibit faithfulness by each making a small promise to God this week (pray together daily, avoid complaining, share kindness) and keep it.

### INDIVIDUAL ACTION

- Spend 5-10 quiet minutes each morning asking, "Where is God inviting me to hope again?" Choose one area of life you've grown discouraged in and offer it to Christ as your intentional prayer for the week.



## FEAST OF ST. NICK

**Dec 6th:** Celebrate St. Nicholas: Don't forget to put out a pair of socks on Dec. 5<sup>th</sup> for Old St. Nick and share a small kindness.

## HANDS ON ACTIVITIES

Pick one or do them all! Your choice.

### Christmas Countdown Prayer Chain

# 1



# 2

### Joseph's Lantern

Create a lantern and talk about Joseph guiding Mary on their journey with faith.



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